



Health

NSW PERINATAL & INFANT MENTAL HEALTH

HOLDING THE INFANT: PARENT & INFANT MENTAL HEALTH

Join our free e-symposium on infant mental health.
Interactive Q & A sessions after each presentation.

NOVEMBER 12, 2021
9AM - 1 PM

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Advancing the mental health of
infants, children and adolescents

NSW Health invites practitioners working with infants,
parents/caregivers in mental health, maternity, child &
family health, paediatric or related services

PROGRAM



Health

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9:00 Welcome & acknowledgment

9:05 Infant mental health explained - Debbie Tucker, WS LHD

9:15 Parent-Child Interaction Therapy for Toddlers: Parenting support for mothers with depression - Jane Kohloff, UNSW/Karitane

9:45 Adverse childhood experiences and the father-infant relationship - David Hawes, University of Sydney

10:15 Guide for Dads - Melissa Coates, PIMHS SES LHD

10:30 Break - Emerging Minds - Infant mental health videos

10:45 Health of the Nation Outcomes Scale for Infants (HoNOSI) - Peter Brann, Monash University

11:15 Infant Massage: First essential touch - Greg Morling, Mostly Massage

11:45 Break - Emerging Minds - Infant mental health videos

12:00 Supporting Aboriginal infants and caregivers using Baby Coming You Ready - Jayne Kotz & Valerie Ah Chee, Murdoch University

12:30 Working with the dyad - PIMHS ISH LHD

1:00 Closing comments

Organisers: Brendan Cook, Maureen Lagan, Angeline Landry, Lee Meredith, Debbie Tucker.

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